Welcome to the 2014 New Jersey Peer Institute!
Funded by the NJ Division of Highway Traffic Safety
with special consideration for issues pertaining to safe driving habits
www.NJSafeRoads.com
Supported by the Alcohol & Drug and Education Program at The College of New Jersey
Hosted at Rider University

Event Schedule for:
Tuesday, June 3rd – Thursday, June 5th 2014
TUESDAY, JUNE 3RD, 2014

9:00AM – 10:00AM (Outside West Village)
   Check-In
Students and advisors check-in at the residence halls (Outside West Village) and drop off their luggage into their rooms. Immediately after, students register for the conference with the Peer Institute Staff at the Mercer Room in the Daly Dinning Hall.

9:30AM – 10:30AM (Daly Dining Hall - Cafeteria)
   Breakfast

10:30AM – 10:55AM (Daly Dining Hall - Mercer Room)
   Welcome, Opening Remarks, & Bacchus Gamma Pre-Test
Joe Hadge, Coordinator, Alcohol & Drug Education Program, The College of New Jersey

STUDENTS
11:00AM – 12:15PM (Daly Dining Hall – Mercer Room)
   Opening Ceremonies & Ice Breaker for Students
Leah Savadel, Dana Landesman & Topher Sutton, Peer Institute Coordinators, The College of New Jersey

   Find out which district you’ll be a part of and then join us for a fun and exciting group icebreaker prepared by the 2014 New Jersey Peer Institute Staff from The College of New Jersey.

ADVISORS
11:00AM – 12:15PM (Daly Dining Hall Piano Classroom)
   Advisor Meeting
Joe Hadge, Coordinator, Alcohol and Drug Education Program, The College of New Jersey
Michelle Gervasi, Peer Institute Coordinator

   Join other advisors attending the Peer Institute to meet, mingle, and sign up to play a key role in the 2014 New Jersey Peer Institute!

12:15PM – 1:15PM (Daly Dining Hall – Cafeteria)
   Lunch and a chance to meet your fellow peer educators.

1:15PM – 1:45PM (Daly Dining Hall - Mercer Room)
   Absolute Effectiveness
Bacchus Gamma Strategies for Change and High-Risk Behavior (Module 2)
Katie Bean, St. Joseph’s University
Want to change a life? Start with understanding individual approaches to helping motivate people to take action through the Stages of Change model and Motivational Interviewing Techniques. What to change campus culture? Learn about targeted or population based approaches currently done on Saint Joseph’s campus. This interactive session will teach you strategies for changing high-risk behaviors and provide activities you can bring back to your campus.
1:45PM – 2:30PM (Daly Dining Hall – Mercer Room) 
Gabe Hurley
A message from Gabe Hurley: In June of 2009 I was victim to a near fatal car crash caused by the by the reckless and irresponsible driving of a group of teenagers. One article in particular that was published in November of 2011 has led to the speaking opportunities I am now a part of. These include schools throughout the state of NJ and injury prevention programs run by Robert Wood Johnson University Hospital. Besides advocating safe driving and being responsible behind the wheel of a car, I would like to provide perspective to these young adults and teach them not to take simple things in life for granted. It's important to point out that even though I never considered myself invincible; I still never expected to become another statistic or headline. We can't control everything in our lives, but we can control how we operate a car, which is a fact many people lose sight of.

2:30PM – 2:45PM
Stretch & Snack Break
Have a snack and enjoy a beverage!

2:45PM – 3:25PM (Daly Dining Hall - Mercer Room) 
The HERO Campaign
James Ciccone, The HERO Campaign
Ed O’Connor, Central Region Supervisor NJDHTS
http://www.nj.gov/oag/hts/index.html
Learn about the Hero Campaign, an initiative you can implement on your campus! Presentation will include a brief overview of the John R. Elliott HERO Campaign for Designated Drivers and how other colleges and universities have successfully implemented the HERO Campaign onto their campuses.

3:25PM – 4:10PM (Daly Dining Hall - Mercer Room) 
The Five Dimensions of Being an Effective Listener
Bacchus Gamma Listening Skills (Module 3)
Brian Martin and Alyssa Gray, PLA Team Leaders, Monmouth University
Being an effective listener is an important aspect of being a peer educator. This session will provide an overview of five dimensions of listening skills that can help you connect within your role. You will participate in engaging activities while exploring the importance of listening skills as part of effective communication.

4:15PM – 4:50PM (Daly Dining Hall - Mercer Room) 
“Alcohol, Sex & Abduction: Hijacked by Jack D.,” tales of Rebellion, Recklessness and Recovery
Justine Frank, Chairperson, Prevention Coalition of Mercer County
Hear from a passionate and knowledgeable woman invested in alcohol and other drug prevention and awareness. Learn about the realities of addiction and recovery through Justine’s personal stories of both hardship and hope.

5:00PM – 6:00PM (Daly Dining Hall - Mercer Room) 
Tech Talk
Bacchus Gamma Programming & Presentation Skills (Module 7)
Ryan Gladysiewicz, Assistant Director of Instructional Technology Services, The College of New Jersey
Find out what the latest technologies are and how to use them to market your healthy programs on your campus. This interactive and informative presentation will help you think of new ways to reach more of your students.
6:00PM – 7:00PM (Daly Dining Hall - Cafeteria)

*Dinner*

Enjoy dinner and an opportunity to continue to meet new people and share ideas.

7:00PM – 7:25PM (Breakouts – Wherever you please!)

*Talk time for peer educators and their advisors.*

Reflect on some of the skills learned today and how you can bring them back to your own campus.

7:30PM – 9:00PM (Daly Dining Hall - Mercer Room)

*The Power of Peer Education*

*Bacchus Gamma Understanding the Power of Peer Education (Module 1)*

Ms. Ann DeGennaro, Lawrence High School

Ann DeGennaro returns to deliver an empowering message on being a peer educator, followed by a discussion about the Power of Peer Education.

9:00PM -10:30PM (Student Recreation Center)

*The Games Gala*

Enjoy a movie, ping pong, billiards, video games, cupcakes and Panem punch!

**WEDNESDAY, JUNE 4TH, 2014**

8:30AM – 9:25AM (Daly Dining Hall - Cafeteria)

*Breakfast*

9:30AM – 10:25AM (Daly Dining Hall - Mercer Room)

*Intervention Skills*

*Bacchus Gamma Intervention Skills (Module 5)*

Michael D’Arcangelo, Passaic County Community College

The film *Date Rape Drugs: What You Need to Know* features testimony from teen and adult victims, rape advocates, and law enforcement, providing valuable insight into how this crime is perpetrated, and the effects that various date rape drugs have on the body.

Robbin Loonan, Coordinator, Anti-Violence Initiatives, The College of New Jersey

Learn about primary and bystander intervention skills.

10:30AM – 10:45AM (Daly Dining Hall - Mercer Room)

*Quarter Quells*

Compete with your district to earn some Capitol Coins!

**STUDENTS**

10:45AM – 11:45AM (Daly Dining Hall - Mercer Room)

*Love the Body You’re In*

Dr. Hue-Sun Ahn and Vicki Wang, TCNJ

Learn about issues related to body image and eating disorders and how to help someone who may have an eating disorder.

**ADVISORS**

10:45AM – 11:45AM (SRC Seminar Room)

*The BASICS with SJU*

Katie Bean, St. Joe’s University

Saint Joseph’s University has incorporated a targeted approach using EChug to provide group social norming data, harm reduction techniques and motivational skills for all athletic teams on campus. This discussion-based program will walk you through both tiers of this workshop in a train-the-trainers format while sharing the data, results and impact of this program.
11:45AM – 12:45PM (Daly Dining Hall - Cafeteria)

*Lunch*

12:45PM – 1:45PM (Daly Dining Hall - Mercer Room)

*Group Development & Success for Students*

*Bacchus Gamma Group Development & Success (Module 9)*

Topher Sutton, Residence Director, The College of New Jersey

Learn about group development theory, the successful steps to becoming an effective peer educator, and how to identify the strengths, weaknesses, and swagger to becoming a successful Peer Educator.

1:45PM – 2:00PM (Daly Dining Hall - Mercer Room)

*Quarter Quells*

Earn some votes! Compete with your district to earn points.

**STUDENTS**

2:00PM – 2:30PM (Daly Dining Hall - Mercer Room)

*Mindfulness as Self-Care*

*Bacchus Gamma Taking Care of Yourself (Module 8)*

Allie Pearce and StudentCare Peer Educators, Rowan University

Being a peer educator can be stressful. How can you learn to stop and be mindful of what you're doing in everyday life? Learn some tips from Rowan University's StudentCare!

**ADVISORS**

2:00PM – 3:30PM (SRC Seminar Room)

*New Federal Guidance on Sexual Assault*

Higher Ed Hot Topics: A PaperClip Communications webinar

This is an opportunity for you to have expert guides walk you through the *First Report* and explain how to comply with this guidance and what your institution can expect from this task force in the future. A printed certificate for each participant is delivered after the event.

2:30PM – 3:15PM

*Stretch & Snack Break*

Have a snack and enjoy a beverage!

3:20PM – 4:15PM (Daly Dining Hall - Mercer Room)

*TAKING ACTION: Response & Referrals*

*Bacchus Gamma Responding & Referral Skills (Module 4)*

Susan Stahley, Substance Abuse and Sexual Assault Education Coordinator, Rider University

Put your Peer Education skills to work during this interactive presentation that combines skills you are learning and role plays to help in determining what a student wants/needs in order to take action. Now that you have "listened", use the "Response Checklist" and brainstorm!!

4:15PM – 6:00PM (Wherever you please!)

*Review for Bacchus Gamma*

Meet with your individual advisors to review for the Bacchus Gamma CPE test. There will be no review with the whole conference on Thursday, so be sure to use this time effectively. Feel free to get some fresh air and study outside if the weather is nice!

**6:00PM – 7:00PM (Daly Dining Hall - Cafeteria)**

*Dinner*
7:00PM – 8:00PM (Daly Dining Hall - Mercer Room)
“Whose Lens is it Anyway?”
Bacchus Gamma Developing Inclusive Peer Education Efforts (Module 6)
The Peppers, New Jersey City University
The Peers Educating Peers (PEP) Program will explore the relationship between personal cultural identity and how that affects our peer education efforts. How do we embrace our various cultures as peer educators? How does our culture shape the way we navigate in the world? What are some of the mixed messages we receive when we think about our culture? Authenticity is crucial for effective peer education. By delving into these questions, we begin to form a more authentic identity within, and separate from, our culture. As a result, we are more able to educate in a way that is not only inclusive, but also recognizing of inherent differences.

8:00PM – 8:30PM (Daly Dining Hall – Mercer Room or outside!)
Talk time for Peer Educators & Advisors / Prep time for Talent Show
Review the day’s sessions, finalize tomorrow’s discussion/presentation session with high school students, and work on those last minute rehearsals for the talent show.

8:30PM – 10:30PM (Daly Dining Hall – Mercer Room)
Annual Peer Institute Talent Show & Ice Cream Social!
Enjoy some amazing talent by your peers while snacking on some ice cream!

10:30PM – 12:00AM (Wherever you please!)
Free Time!

THURSDAY, JUNE 5TH, 2014
8:00AM-12:30PM NJ High School Peer Institute

8:00AM – 8:30AM (The Yvonne Theater Lobby)
Continental Breakfast for College and High School Peers
8:30AM – 8:45AM (The Yvonne Theatre)
Welcome to Rider
Lawrence Johnson, Associate Dean of Students, Rider University
Welcome High School Students
Joe Hadge, Coordinator, Alcohol and Drug Education Program, The College of New Jersey

8:45AM – 10:00AM (The Yvonne Theater)
Keynote Presentation: Matt Bellace, PhD.
Bacchus Gamma Group Development and Success (Module 9)
Join Matt Bellace, a nationally recognized, interactive and motivational speaker, as he presents on being a Peer Leader.
10:00AM – 11:30AM (Breakout Rooms in the Fine Arts Building)
*Small Group Discussions (3 rotations of 25 minutes with 5 minutes in between)*
Colleges and universities will break up into their small discussion groups and share information with high school peer leaders.

11:35AM – 12:15PM (Daly Dining Hall - Cafeteria)
*Lunch*

12:15PM – 12:30PM (The Yvonne Theater)
*High School Certificates & Closing Remarks*
Joe Hadge, Coordinator, Alcohol and Drug Education Program, The College of New Jersey

- High School Student Portion of Conference Ends -

12:30PM – 1:15PM (Daily Dining Hall - Mercer Room)
*Bacchus Gamma Exam for CPE Certification*
Michelle Gervasi, Leah Savadel and Dana Landesman, Peer Institute Coordinators, The College of New Jersey

1:20PM – 2:00PM (The Yvonne Theater)
*Presentation of Certificates & Awards*
Joe Hadge, Coordinator, Alcohol and Drug Education Program, Michelle Gervasi, Leah Savadel, Dana Landesman and Topher Sutton, Peer Institute Coordinators, The College of New Jersey

2:00PM – 3:00PM (West Villages)
*Checkout*
Students and advisors check-in at the residence halls (Outside West Village). If advisors need to meet with their students, please do so after you check out.

*Remember to do your evaluations when you get home at:*
https://tcnj.qualtrics.com/SE/?SID=SV_6LFUuRk81z9MTm5

*Thank you for attending the 2014 NJ Peer Institute*
*We look forward to seeing you again next year!*

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